

## What is RSS?

RSS is an acronym that stands for Real Simple Syndication or Rich Site Summary. RSS is a method for getting and sending news and information. You can subscribe to an RSS feed and have the latest news and information sent to your RSS reader program. The RSS reader program can alert you when there is new information to read and save you time from having to check multiple sites regularly to find new information that is of interest to you.

## How do I get RSS feeds from COAERS?

You may already be an experienced RSS user, however, if it's your first time, you can follow the steps below to start receiving our feeds.

### 1) Choose an RSS Reader

Choosing a way to view your feeds is a matter of individual preference. You can choose a Reader Program that is offered on the web, in a desktop software, via email, or on your mobile device (iPhone, iPad, Android, Blackberry – all have native RSS reader apps). Some common web-based readers are Google Reader, IGoogle, Yahoo, AOL Explorer, Netscape, FeedDemon, NetVibes, Microsoft Outlook, NetNewsWire, etc. Depending on what you choose, some come with alerts that notify you of new feeds – or if yours does not, you can download one such as Windows Feed Notifier 2.4.

### 2) Once in a Reader Program, Subscribe to the COAERS RSS

Below are general instructions for subscribing to an RSS feed. Your reader might have a different method for subscribing to feeds. For their specific instructions and options, see your RSS reader's help documentation.

1. Click on the RSS icon on the COAERS Home Page at the bottom right. (You can get member specific feeds by clicking the Retired or Active Member button)
2. Copy the address (URL) of the feed from your browser's address field.
3. Paste the address (URL) of the RSS file into your RSS reader program.
4. Click Subscribe.